Breakout Session Submission Requirements

The mission of The Maine Women’s Conference (MEWC) is to draw women together to connect, educate, inspire, and empower one another to assume new and expanded roles in the workforce, our lives and communities.

We seek speakers to conduct Breakout Sessions that provide an interactive and rewarding experience for participants. **Sessions may include 12 Breakout Sessions and 6 Experiential Sessions throughout the day with each estimated up to 50 participants in each session**.

**Breakout Sessions** should consider the following development areas in their design:

* Personal Development
* Leadership Through the Generations
* Professional Growth (Corporate and Entrepreneurship)
* Technology (Career, Social Media, Education and Training)
* Financial Literacy (all ages and stages)
* Encore Endeavors

**Experiential Sessions** should include demonstration and practice of techniques aligned with topic (Examples: fitness activities, relaxation/stress reduction techniques, movement, meditation, increased self-awareness, improved self-presentation, self-defense techniques, etc.)

Please submit program proposals designed to lead participants to new insight, resources, and tools needed to take action in their life as it relates to the topic of the session.

Applicants may submit proposals for multiple tracks/topics.

Selected session speakers will benefit from MEWC’s active promotion of the event including recognition on our website, emails, social media, and at promotional events.

*\*Our Breakout and Experiential Session Speakers are not compensated. Speakers will receive one complimentary ticket to the event and are welcome to add promotional materials to their assigned speaking area.*

**To submit a proposal for consideration, please email the following information to** [**MEWCprogam@gmail.com**](mailto:MEWCprogam@gmail.com) **with “RFP” as your subject line. Submissions that do not contain the required attachments will not be considered.**

Email Address:

Name (First and Last):

Company:

Address:

Website:

Applicable Social Media Links:

Title of Proposed Session:

Description of Proposed Session:

3-5 benefits and action items participants will take away from your Session:

We seek interactive Sessions that include learning through audience participation. What techniques will you use to gain audience participation?

Brief biography (100 words or fewer):

Please share up to 3 links to available videos of you as a Speaker.

Attach a sample of a typed 1-2 page handout that you might use in your session. *Please title your document with your full name and "handout".*

Attach up to 3 pages of sample presentation materials that you might use in your session.

*Please title your document with your full name and "handout"*.

**Thank you for submitting your proposal!**